

## **2024 7<sup>th</sup> Football Practice Schedule**

### **Week 1 August 14<sup>th</sup> -16<sup>th</sup>**

Wednesday and Thursday After school 4:05pm – 5:45pm

Friday 7:00am – 8:45am Arrival 6:40am

### **Week 2 and 3 August 19 – August 30<sup>th</sup>**

Monday PM Practice

Tuesday thru Friday - AM Practice

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### **Weekly Practice Schedule**

Mondays Game Day

Tuesdays PM Practice

Wednesday thru Friday AM Practice

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### **Notes:**

**August 5<sup>th</sup> – 13<sup>th</sup> BJH SAC/FB Skills (M-F) 6:45am-8:00am Arrival 6:30am**

**Football Equipment Fitting August 8<sup>th</sup>**

**Tuesday, August 20<sup>th</sup> “Meet the Coaches” meeting Comp Gym – 5:30pm**

**Monday, September 2nd Labor Day No Practice**

**First Game – Tuesday, September 3<sup>rd</sup> BJH vs. MMJH**